

Lesson Plan: Daily Routines

Goals: Students review the use of reflexive verbs and learn appropriate expression of inalienable possession¹ in Spanish. They observe, analyze and practice the use of object pronouns that express a possession relation between a noun that does not exist independently and its mandatory possessor (e.g. body parts).

Learning Objectives: Grammar in Context (Reflexive Verbs)

1. Talk about daily routine.
2. Review the use of reflexive pronouns and analyze their semantic role.
3. Identify, analyze and practice the use of object pronouns to express inalienable possession (e.g. the possession of body parts) in Spanish.

00:00-00:05 Students watch a video in which a young woman describes her morning routine and pay attention to the specific events described in the clip to find similarities and differences between the girl's routine and their own. Some students volunteer to make comparisons to the whole group.

00:05-00:15 Students watch the video a second time and order a series of activities in the sequence in which the girl performs them.

00:15-00:27 Students write one sentence for each action and compare their sentences with those of a classmate.

00:27-00:30 Students listen to the audio of the video one more time and read the transcription at the same time. While they hear the girl explaining her routine, they underline the sentences in which the actions of the first exercise appear.

00:30-00:35 Students work in pairs and compare the sentences they wrote with the ones that appear on the video. In this first step of the analysis, they are encouraged to observe the reflexive use of certain verbs related to the description of daily routine. The instructor guides them on noticing the semantic contribution of the pronoun to the meaning of the sentence

00:35-00:45 Students work in pairs again and compare the structure of a second set of sentences. In this step of the analysis, they are instructed to observe and analyze the use of object pronouns to express a possession relation between an inalienable noun and its possessor. The instructor guides them on comparing the difference in meaning of the object pronoun in the first set of verbs and in the second one.

¹ Inalienable possession - is a type of possession in which a noun does not exist independently from its possessor. Inalienable nouns include, for example, body parts, kinship terms, part-whole relations.

00:45-00:50 Students are encouraged to produce reflexive pronouns and pronouns that express inalienable possession by describing their daily routine to a classmate with as many details as they can.

La rutina de las mañanas

- 1) Mira este vídeo sobre la rutina de la mañana de una joven y numera las acciones según el orden en el que la joven las realiza:

Watch this video about a girl's morning routine and numerate the actions according to the order in which the girl performs them.

Pulsa sobre la imagen para ver el vídeo



- () Lavar las manos
- () Enjuagar
- () Dirigir al baño
- () Despertar
- () Exfoliar el cuerpo
- () Lavar los dientes
- () Preparar dos tazotas de café
- () Enjabonar la cabeza
- () Lavar los trastes
- () Secar
- () Maquillar
- () Hidratar la piel y los labios
- () Bañar

The actions that appear above are the following: wash hands, rinse, go to the bathroom, wake up, exfoliate body, brush teeth, prepare two mugs of coffee, shampoo hair, wash dishes, dry, put on makeup, moisturize skin and lips, bathe/shower

- 2) Ahora forma una oración con cada una de las acciones anteriores describiendo qué hace esta joven por las mañanas:

Now write one sentence for each of the previous actions describing what the girl does in the morning.

- 3) Escuchemos una vez más la descripción que hace la joven de su rutina de las mañanas. Mientras la escuchas, subraya las frases en las que aparecen las acciones del ejercicio 1:

Let's listen one more time to the audio of the video. Underline the sentences in which the actions of exercise 1 appear while you listen.

Son las nueve de la mañana y es hora de despertarse. Y lo primero que hago es agarrarme todo el cabello porque no aguanto traerlo todo desgreñado. E inmediatamente me dirijo al baño para lavarme la cara. Y no sé por qué pero también tengo una manía de lavarme muy bien en las mañanas las manos. Después regreso y me pongo a checar todos esos mensajes en Youtube, Instagram, y también les doy los buenos días por Twitter y Facebook. Y después es momento de salir del cuarto. Inmediatamente me dirijo a la cocina, en donde me espera una pila enorme de trastos del día anterior. Y pues bueno, hay que hacerlo. Pero no sin antes, primero, tomar un poquito de agua. Y es básicamente esto: agua, limón, chía y fresa. Y mientras para hacerlo más ameno pongo algunos videos mientras lavo los trastes. Y ya que está todo limpio me pongo a desayunar. Y siempre me preparo unas tortitas de avena, porque me llenan mucho y son deliciosas, y también me preparo dos tazotas de café. Y pues ya, vamos a desayunar. Me preparo para bañar y, como hoy es un día especial, voy a exfoliarme todo el cuerpo con esta mezcla mágica que básicamente consiste en el jugo de un limón y mucha mucha azúcar, hasta que quede como una pasta espesa y nada nada líquida. Así como esto que van a ver a continuación. Y después decido qué outfit me voy a poner. Los preparo previamente desde el domingo para no tardarme. Un poquito de música y nos vamos a bañar. Lo primero que me pongo es champú, me enjabono la cabeza y dejo actuar el jabón mientras me exfolio todo todo el cuerpo, incluyendo la cara. Después voy a esperar un poquito y me voy a enjuagar perfectamente. Y después vamos con el acondicionador solo en las puntas, mientras me lavo los dientes. Y eso es todo. Me comienzo a secar. Cabe aclarar que sólo me lavo el cabello un día sí y un día no para que no se reseque. Pero lo que sí se reseca mucho es mi piel así que me echo mucha crema. Después me pongo desodorante obviamente, y un poquito de agua con sal marina para mi cabello. Me hidrato la piel y los labios y, ya que me puse bálsamo labial, voy a maquillarme súper súper rápido. Me pongo algunos accesorios y eso es todo. A trabajar.

It is nine in the morning and it is time to wake up. The first thing I do is I tie my hair because I cannot stand having it all messy. Immediately I head to the bathroom to wash my face. And I do not know why but I also have a habit of washing my hands really well in the mornings. I then come back and I check all my messages on YouTube, Instagram, and also say good morning to you guys through Twitter and Facebook. And then it's time to leave the room. I immediately head to the kitchen, where I expect a huge pile of dirty dishes from yesterday. And well I have to do them. But not before, I first, drink a little water. And it is basically this: water, lemon, chia and strawberry. And to make it more bearable, I put on some videos while I wash the dishes. And now that everything is clean, I have breakfast, and I always prepare oatmeal cakes because they make me feel very full and they are delicious. And I prepare two large mugs of coffee. And now I am going to have breakfast. I prepare myself to shower, and given that today is a special day, I am going to exfoliate my entire body with this magical mixture that basically consists of lemon juice and a lot of sugar mixed until it is a clumpy paste and not liquid at all. It'll look like what you can see right now. And next, I decide what outfit I'm going to wear. I prepare them beforehand on Sunday to not delay myself. A bit of music, and now I'm going to shower. The first thing I put on is a bit of shampoo, I lather my head with soap and I let it act, while I exfoliate all of my body, including my face. Then, I wait a little bit and wipe it off perfectly. After, I apply conditioner but just on the tips while I brush my teeth. And that's all. Then I begin to dry off. I should clarify that I only wash my hair every other day so that it doesn't dry out. But what does dry out is my skin, so I apply a lot of cream. Then I put on my deodorant obviously, and a little bit of water with sea salt for my hair. I moisturize my skin and lips, and as I've already applied my chapstick, I'm going to put on my makeup really fast. Then I accessorize myself and that's all. Off to work.

Análisis lingüístico

Language analysis

- 4) Compara las oraciones que has creado en el ejercicio 2 con las que aparecen en la transcripción del texto original para las siguientes acciones:

Compare the sentences that you wrote with the ones that appear in the transcription for the following actions

- Bañar (*bathe/shower*)
- Secar (*dry*)
- Maquillar (*put on makeup*)

- ¿Qué diferencias observas en la estructura de la oración?
What differences do you observe in the structure of the sentence?

- ¿Has usado el pronombre *me/se* en tus oraciones? ¿Qué rol tienen en la construcción del significado de las oraciones del texto del vídeo?

Did you use the pronouns me/se in your sentences? What are their roles in the meaning of the sentences?

- 5) Ahora compara las oraciones que has creado en el ejercicio 2 con las que aparecen en la transcripción del texto original para las siguientes acciones:

Compare the sentences that you wrote in exercise 2 to those that appear in the transcription for the following actions

- Lavar los dientes/las manos (*brush teeth/wash hands*)
- Enjabonar la cabeza (*shampoo hair*)
- Exfoliar el cuerpo (*exfoliate body*)
- Hidratar la piel y los labios (*moisturize skin and lips*)

- ¿Qué diferencias observas en la estructura de la oración?

What differences do you observe in the structure of the sentence?

- ¿Has usado el pronombre *me/se* en tus oraciones? ¿Qué rol tienen en la construcción del significado de las oraciones del texto del vídeo? ¿Tienen un sentido reflexivo?

Did you use the pronouns me/se in your sentences? What are their roles in the meaning of the sentences? Do they have a reflexive meaning?

Práctica Oral

Speaking

- 6) Cuéntale detalladamente a tu compañero/a cómo es tu rutina de las mañanas:

Tell your partner how your morning routine is like with as many details as you can.

Tarea

Homework

- 7) Escribe un párrafo en el que describas tu rutina de las mañanas comparándola con la de la chica del vídeo. Puedes mirar el vídeo una vez más para recordar cómo es su rutina:

Write a paragraph in which you describe your morning routine comparing it to the routine of girl in the video. You can watch the video again to remember what she does in the mornings.